

ARUP MAHATO

Mobile No.- 7872883802

arupmahato2012@gmail.com

PRESENT ADDRESS:

C/O : DHANESH CHANDRA MAHATO
VILL : LAKMA
P.O : JAMALPUR
P.S : HILI
DIST : DAKSHIN DINAJPUR (W.B)
PIN : 733145



PERMANENT ADDRESS: DO

PERSONAL INFORMATION:

STRENGTHS : HARDWORKING, CONFIDENT, POSITIVE ATTITUDE.
SEX : MALE
DATE OF BIRTH : 01/01/1986
CASTE : OBC (B)
MARITAL STATUS : SINGLE
NATIONALITY : INDIAN

EDUCATIONAL BACKGROUND:

EXAMINATION PASSED	BOARD/ UNIVERSITY	PASSING YEAR	TOTAL MARKS	MARKS OBTAINED	% OF MARKS
MADYAMIK	W.B.B.S.E.	2001	800	386	48.25
H.S.	W.B.C.H.S.E.	2003	1000	389	38.9
B.A.	N.B.U.	2006	1350	569	42.14
B.P.ED.	K.U.	2009	1400	871	62.21
M.P.ED.	K.U.	2012	1000	565	56.50
NET	UGC	2013	-----	-----	-----
PH.D.	J.U	ON GOING PH.D			
DIPLOMA IN SPORTS COACHING	NSNIS PATIALA	2018	1200	793	66.08

SPORTS ACHIVEMENT:

- POSITION HOLDER IN NATIONAL LEVEL ATHLETIC MEET (TRACK & FIELD) (SENIOR NATIONAL, ALL INDIA INTER UNIVERSITY AND INDO- BANGLA ATH. MEET)
- FIVE TIME SCHOOL BENGAL CRICKET CHAMPIONSHIP PARTICIPATE

AREA OF SPECIAL INTEREST:

➤ **THEORY**

- SCINTIFIC PRINCIPLE OF SPORTS TRAINING
- HISTORY, PRINCIPLE AND FOUNDATION OF PHYSICAL EDUCATION AND OLYMPIC MOVEMENT

➤ **PRACTICAL**

- TRACK & FIELD
- WEIGHT TRAINING

LIST OF PUBLICATION IN JOURNAL

SL. NO.	TITLE OF ARTICLE	JOURNAL NAME	ISSN
1.	<i>STUDY ON SELECTED MOTOR ABILITIES BETWEEN SPRINTER AND BASKETBALL PLAYERS</i>	<i>INTERNATIONAL JONRNAL OF PHYSICAL EDUCATION, SPORTS AND HEALTH</i>	<i>ONLINE:23941693 PRINT:23941685</i>
2.	A COMPARATIVE STUDY ON PHYSICAL FITNESS BETWEEN UNDER 17 YEARS STATE FOOTBALL AND HOCKEY PLAYERS	<i>INTERNATIONL JOURNAL OF YOGIC, HUMAN MOVEMENT AND SPORTS SCIENCE</i>	2456-4419 VOL.1, ISSUE-1 PART -B
3.	EFFECT OF SURYANAMASKAR ON SELECTED MOTOR FITNESS COMPONENT OF HIGH SCHOOL STUDENTS	<i>INTERNATIONL JOURNAL OF YOGIC, HUMAN MOVEMENT AND SPORTS SCIENCE</i>	2456-4419 VOL.1, ISSUE-1 PART -A
4.	A COMPARATIVE STUDY ON PERFORMANCE RELATED FITNESS STATUS OF STATE LEVEL ATHLETES AND HANDBALL PLAYERS	FOCUS	ISSN 2231- 1408
5.	A COMPARATIVE STUDY ON PERFORMANCE RELATED FITNESS OF MALE STUDENTS OF KABADDI AND FOOTBALL	THE INDIAN JOURNAL OF HEALTH NUTRITION AND PHYSICAL EDUCATION	2320 - 3552

LIST OF PUBLICATION IN UGC SPONSORED NATIONAL SEMINER PROCEEDINGS

SL. NO.	TITLE OF ARTICLE	JOURNAL NAME	ISBN
1.	A COMPARATIVE STUDY ON PERFORMANCE RELATED FITNESS STATUS OF STATE LEVEL ATHLETES AND HANDBALL PLAYERS	MODERN PHYSICAL EDUCATION SPORTS AND GLOBALIZATION	978-93-84667-06-1
2.	A SURVEY ON DIFFERENT INJURIES OF CLUB LEVEL FOOTBALL PLAYERS	PSYCHIC PHYSICAL EDUCATION AND SOCIETY	978-93-82623-83-0

PAPERS PRESENTED

- 1) Paper Entitled “**Study On Selected Motor Abilities Between Sprinter And Basketball Players**” was presented at the Department of Physical Education, Mugberia Gangadhar Mahavidyalaya (UGC Sponsored National Seminar) on May 10- 11, 2013.
- 2) Paper Entitled “**A Comparative Study On Performance Related Fitness Of Male Students Of Kabaddi And Football**” was presented at the Department of Physical Education, Union Christian Training College (UGC Sponsored National Seminar) on September 20- 21, 2013.
- 3) Paper Entitled “**A Comparative Study On Performance Related Fitness Status Of State Level Athletes And Handball Players**” was presented at the Department of Physical Education, Holdia Government College (UGC Sponsored National Seminar) on 03 - 04 September, 2015.
- 4) Paper Entitled “**A Survey On Different Injuries Of Club Level Football Players**” was presented at the Department of Physical Education, Mugberia Gangadhar Mahavidyalaya (UGC Sponsored National Seminar) on November 11- 12, 2016.

TRAINING – CUM – WORKSHOP:

- 1) Participated in “**Level One Anthropometrist ISAK Training Course**”, 4th to 6th February, 2015.
- 2) Participated in UGC Sponsored One-Week “**Methodology Program for Research Scholars**” in Jadavpur University, Kolkata, During September 09th to 14th January, 2017.

- 3) Participated in Three Days State Level Workshop on “**Revised B.P.Ed. and M.P.Ed. Programmes as Per NCTE New Regulation, 2014**” in Department of Physical Education, Jadavpur University, During June15 to 17, 2016.
- 4) Participated in Two Days Workshop on “**Development of Cricket in Educational Institutions**” in Visva-Bharati, During June 27 to 28, 2016.

M.P.ED. THESIS SUPERVISION:

- 1) Thesis Entitled “**Comparison On Selected Motor Fitness And Motivation Between Handball And Soccer Players**” by Maitretee Jana in Mugberia GangadharMahavidyalaya on July, 2017.
- 2) Thesis Entitled “**Relationship Of Mental Toughness And Strength And Leg Strength Of Body Builders And Shotokan**” by Krishnendu Mondal in Mugberia GangadharMahavidyalaya on July, 2017.
- 3) Thesis Entitled “**Comparison Of Physical Fitness Among Players of Different Games**” by Md. Harish Chandra Debsarma in Mugberia GangadharMahavidyalaya on July, 2017.

TEACHING EXPERIENCE:.

- Since 04/08/2014 to till now In Mugberia GangadharMahavidyalayaas an Assistant Professor.

EXTRA CURRICULAM:.

- Certificate course in First Aid.

LANGUAGES KNOWN:

- English, Bengali (read, write & speak) and Hindi (only speak)

DECLARATION: I HEREBY DECLARE THAT THE STATEMENT MADE IN THIS APPLICATION IS TRUE TO THE BEST OF MY KNOWLEDGE.

Dated: the 19th September 2018